

Adult Dance Classes 2019

All classes **except** Adult Dance Fusion take place at our Bay Street studios
(104 Bay Street, Brighton)

Monday

9.30 – 10.30am: Barre & Yoga* *with free babysitting*

Tuesday

2.15 – 3.00pm: Beginner Adult Hip Hop

6.45 – 7.45pm: Adult Dance Fusion (a mixture of dance styles over the term)

*Adult Dance Fusion is at St Andrews Church Hall

Wednesday

12.00 - 12.45pm: Adult Tap

6.45 - 8.00pm: Intermediate Adult Ballet

Thursday

9.15 - 10.15am: Pilates & Fitball * *with free babysitting*

10.15 - 11.30am: Beginner Adult Ballet

Contact the office for your free trial!

Full term (10 weeks) or 5 class pass options available.