

## **Adult Dance Classes 2019**

*All classes held at 104 Bay St, Brighton*

### **Monday**

9.30 – 10.30am: Barre & Yoga

### **Tuesday**

2.15 – 3.00pm: Beginner Adult Hip Hop

### **Wednesday**

12.00 - 12.45pm: Adult Tap

6.45 - 8.00pm: Intermediate Adult Ballet

8.00 – 9.00pm: Adult Dance Fusion (a mixture of dance styles over the term)

### **Thursday**

9.15 - 10.15am: Pilates & Fitball \**with free babysitting*

10.15 - 11.30am: Beginner Adult Ballet

**Contact the office for your free trial!**

Full term (10 weeks) or 5 class pass options available.