

Adult Dance Classes 2018

Monday

8 - 9pm - Adult Dance Fusion

8.15 - 9.30pm - Intermediate Adult Ballet

Wednesday

11am - 12pm - Barre & Yoga **with free babysitting*

12 - 12.45pm - Adult Tap

7.30 - 8.30pm - RAD Repertoire **intermediate level of ballet technique required*

Thursday

10.15 - 11.15am - Pre & Post Natal Dance Fitness

11.15am - 12.15pm - Pilates & Fitball * *with free babysitting*

12.15 - 1.30pm - Beginner Adult Ballet

Friday

9.30 – 10.30am – Adult Hip Hop