

BDA Ballet Class Policy

We are very fortunate at Brighton Dance Academy to be able to offer ballet in many different forms. For students wishing to do recreational ballet and who do not wish to do exams we have our Junior Ballet, Bronze Ballet and Silver Ballet options. These are once a week classes and don't have an exam commitment.

For students who feel serious about ballet and who wish to do exams they can work their way up through Grades 1 - 8. Some students will also be given the option to work their way through Vocational exams. As with any sport or instrument, regular training is required to ensure a strong and healthy state of your body, to continue to improve technique and to ensure all syllabi are not only learnt but mastered by exam time. Below you will find the commitment required for the different levels. These are based on the RAD guidelines and are strictly enforced at Brighton Dance Academy.

Grade 1 - Grade 8 Ballet:

- 2 syllabus classes per week, 4 terms of the year
- Winter Workshop in the Term 2 school holidays

Intermediate Foundation:

- 2 syllabus classes per week, 4 terms of the year
- Under 12 ballet conditioning, 4 terms of the year for students not yet on pointe
- Intermediate Open Pointe, 4 terms of the year for students on pointe
- Spring School and/or Autumn School in the year of your exam

Intermediate Ballet:

- 2 syllabus classes per week, 4 terms of the year
- Intermediate Open Pointe, 4 terms of the year for students on pointe
- Spring school and/or Autumn school in the year of your exam

Advanced Foundation - Advanced 2 Ballet:

- 3 vocational ballet classes per week, 4 terms of the year **exceptions will be made for students still studying graded syllabi*
- Open Advanced pointe, 4 terms of the year
- Spring School and/or Autumn School in the year of your exam

All levels require at home practice to cement what has been learnt in class

Vocational Ballet:

Is the highest level of ballet that students can study with us and is regarded as training ground for students who wish to dance as a career. With this in mind, not all dancers have the facility to be able to take the top level exams. We still encourage all of our students to study these levels and believe that students can gain a lot through the study itself. Selection for exams will be made case-by-case.